



A spa in a wine cellar - what could possibly be more relaxing?

## CAN WE TELL YOU ABOUT... HOTELS WITH SPAS

### Kings Head

*Cirencester, Gloucestershire*

The Kings Head scrubs up well – this historic building (so historic it’s got its own Roman mosaic) glows with good health after an eight-year renovation. Located in Cirencester’s busy Market Place, you’d never know when tucked away in the calm of the spa, in the hotel’s impressive vaulted cellars.

Whether you’re visiting for a Mother’s Day treat or a spring refresh, its four treatment rooms cater to all levels of spa enthusiast, from manicures to the head-to-toe Pure Luxury Indulgence. Lubatti products – using fruit, flower and plant extracts – add to the pleasure.

There’s also a steam room and a whirlpool, but we recommend taking your fluffy robed self off to the relaxation room, where bouncy air beds, cosy throws and cushions and a plentiful supply of reading materials make everyday life seem far away.

Afterwards, hole up for a few hours in the restaurant and bar.

#### • What about the rooms?

Smart, but not stuffy, each of the 45 rooms is individually decorated. King-sized beds and



inviting armchairs encourage you to switch off (although the rooms also have Mac Minis, should you have the urge to switch on again).

#### • Decadent moment

Discovering the G and T kits in your room: Portobello Gin, Fever Tree tonic and olives. Cheers!

#### • What else can I do?

Mooch around Cirencester’s great independent shops. Octavia’s will charm bookworms, while m.a.d.e. sells quirky jewellery and homewares – both are on Black Jack Street. The countryside is on your doorstep, should you fancy something more strenuous. [kingshead-hotel.co.uk](http://kingshead-hotel.co.uk)



#### Elsewhere...

##### • Dormy House, Broadway, Cotswolds and Chilterns

A top-notch boutique hotel and spa with indoor pool, thermal suites, mud and steam rooms.

[dormyhouse.co.uk](http://dormyhouse.co.uk)

##### • Feversham Arms, North Yorkshire

In the market town of Helmsley, the hotel has a heated outdoor pool, Temple Spa treatments and a two AA rosette restaurant.

[fevershamarmshotel.com](http://fevershamarmshotel.com)

##### • Seaham Hall, County Durham

Georgian country house hotel set on a cliff top with an extensive award-winning spa, 20-metre pool and hydrotherapy treatments.

[prideofbritainhotels.com](http://prideofbritainhotels.com)



## DATES FOR YOUR DIARY

*This month we’ll be.. doing things with our mums\**



#### The Italian job

Pretend you’re on an Italian mini-break at The Vinyl Factory, Soho, London, which Sacla is transforming into a pop-up Italian village with food, music and activities to celebrate 25 years. 4 March, free entry but book first at [sacla.co.uk/25years](http://sacla.co.uk/25years)

#### Care with a cuppa

Help Dementia UK raise money to fund the wonderful work done by its Admiral Nurses by inviting family and friends over for a cup of tea. From 1-8 March [timeforacuppa.org](http://timeforacuppa.org)

#### Lovely lettering

Discover how Ditchling, Sussex, became known as The Village of Type when 100 years ago, two residents designed a typeface for London’s transport system (pictured above). A must-see programme of exhibitions and workshops for anyone interested in typography and design. [ditchlingmuseumartcraft.org.uk](http://ditchlingmuseumartcraft.org.uk)

*\* Mothering Sunday is 6 March but you could get together any day this month*